

# Introduction to Cognitive Behavior Therapy for First Episode Psychosis

**Wednesday April 18, 2007**  
**8:45am - 3:45pm**  
**Cost: \$260.00**

**Location: The Meeting Centre, Room 2029**  
**CAMH Russell Street site**  
*Lunch and Light Refreshments Provided*

Beneficial to mental health professionals and community workers who encounter young persons experiencing a first episode of psychosis, this workshop will offer an introduction to current research and practice of CBT specifically for first episode psychosis. The workshop will also provide participants with the skills necessary to help them utilize some aspects of CBT in the treatment of first episode psychosis in their own practices.

**Workshop Facilitator: Dr. Jean Addington**

Dr Jean Addington is the Director of PRIME and Psychosocial Intervention for the CAMH First Episode Program. She is a Professor of Psychiatry at the University of Toronto, a Research Scientist at CAMH and currently president of the International Early Psychosis Association. She has a wide experience in developing early intervention services and her research and clinical work focuses on a range of areas in first episode and prodromal studies

**Space is limited, to register, email:**

**CBT\_Workshop@camh.net**

**Or call (416)-535-8501 ext. 6192**