



Training Programmes for Early Intervention for Psychosis

Young people developing serious mental health problems are at high risk of disadvantage and social exclusion. There is a national target to provide early intervention in psychosis services for young people aged 14-35 to ensure they get the support they need as quickly as possible. Although progress is being made, there is much to be done: some services are well under way, while others are in the very early stages of development and implementation.

The SCMh provides work-based training programmes designed to help mental health services create integrated systems of care to support young people in need of early intervention for psychosis.

We offer Programmes tailored to the needs of newly developing and existing mental health services.

The course content includes:

- developing effective team working and collaboration with other youth organisations
- identifying the health and social factors that precipitate acute mental illness and relapse in young people
- using flexible therapeutic methods to engage young people, their families and social networks
- recognising risk factors and understanding individual strengths
- promoting recovery by developing crisis plans and relapse prevention strategies
- helping young people to gain access to and/or return to education, training and employment

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If you would like to discuss how our early intervention training might be tailored to your organisation's needs, please contact Claire Bates:

Title..... Name.....

Job title.....

Organisation and Address.....

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Postcode.....

Phone..... Fax.....

Email..... Mobile.....

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