

**November 29, 2006**

**Fellow training committee members:**

Following the last provincial workshop, the OWG distributed a package of resources including key EPI articles, books and a listing of videos and epi web-sites.

I think it would be helpful to continue adding to the list of resources. Below is a list of resources I am aware of or have, broken down into main topic headings (some overlap with OWG list but not much—I left out websites).

I would be interested in circulating the list---or something like it—to OWG Members or EPI Programs and have people in the field add to the list. I think a listing of resources, broken down into topics, that is maintained so it is always up to date would be a valuable component of any epi web-site OWG is planning.

What are people's thoughts?

Thanks,

Mirella

**P.S. ---I have included a training section outlining resources I am aware of**

## **Compiled EPI Resources**

### **Topic: Establishing Early Intervention Services**

Implementing Early Intervention in Psychosis: Guide to Establishing Services  
Jane Edwards and Patrick D McGorry (2002)

A Window of Opportunity: A practical guide for developing early intervention in psychosis services  
Sainsbury Centre for Mental Health, UK (2003)

### **Topic: Best Practices / Interventions**

Best Care in Early Psychosis Intervention: Global Perspectives  
Ed: Tom Ehmann, G William MacEwan, William G. Honer (2004)

Early Intervention in Psychosis: A Guide to Concepts, Evidence and Interventions  
Ed: Max Birchwood, David Fowler, Chris Jackson (2000)

Psychological Interventions in Early Psychosis: A Treatment Handbook  
Ed: John F. Gleeson & Patrick D. McGorry (2004)

Systematic Treatment of Persistent Psychosis (STOPP): A Psychological Approach to Facilitating Recovery in Young People with First-Episode Psychosis (2003)

Early Stages of Schizophrenia  
Ed: Robert Zipursky & S. Charles Schulz (2002)

Comprehensive Care of Schizophrenia: Textbook of Clinical Management  
Ed: Jeffrey Lieberman & Robin M Murray (2001)

The Case Study Guide to Cognitive Behaviour Therapy of Psychosis  
Ed: David Kingdon & Douglas Turkington (2002)

Cognitive Therapy for Delusions, Voices and Paranoia  
Paul Chadwick, Max.J Birchwood, P. Trower (1996)

The Recognition and Management of Early Psychosis: A Preventive Approach

Ed: Patrick D. McGorry & Henry J. Jackson (1999)

First Episode Psychosis  
Kathy J Aitchison (1999)

### **Topic: Adolescence**

Why does Schizophrenia Develop at Late Adolescence: A Cognitive-Developmental Approach to Psychosis  
Chris Harrop & Peter Trower (2003)

Psychotic Disorders in Children and Adolescents  
Robert Finding, S. Charles Schulz, Javad H. Kashani, Elena Harlan (2001)

Early Stages of Schizophrenia: Zipursky & Schulz (2002)

### **Topic: Prodrome**

Early Detection and Cognitive Therapy for People at High Risk of Developing Psychosis: A Treatment Approach, Paul French & Anthony Morrison (2004)

Early Stages of Schizophrenia: Robert Zipursky and Schulz, M.D.

### **Topic: Substance Abuse**

Substance Misuse in Psychosis: Approaches of Treatment and Services Delivery

### **Topic: Medication Issues**

Maudesley Antipsychotic Medication Review: Service Guidelines

### **Topic: Transient Psychosis**

Acute and Transient Psychoses  
Andreas Marneros and Frank Pillman (2004)

## **Topic: Family Specific:**

Working Together, Things can get better. A Program for Families Dealing with Early Psychosis: PEPP

Family to Family: Newsletter available through CMHA web-site

A Sibling's Guide to Early Psychosis: CMHA (available on website)

Coping: When someone in your family has psychosis: EPI, BC—download from website

Early Psychosis: What Families and Friends Need to Know: Schizophrenia Society of BC: available on website

## **Training Specific Resources**

Schizophrenia Society: Reaching Out: Resource Curriculum for high schools / Schizophrenia

EPPIC : *Early Psychosis Training Pack-EPPIC (1997)* :\_No longer published and can't download off the web anymore. I imagine most established programs have copies. I managed to track down a copy ...but it wasn't easy—I suppose it is somewhat out of date by now but it does have some good info and layout is helpful for planning training

Eppic does have other newer training resources available for purchase and they are quite good. The list of resources/order form is available on the main EPPIC web-site. Note that it takes about 3 weeks to a month for orders to arrive.

Some manual titles include:

- *Acute Phase of Early Psychosis: a handbook on management*
- *Case Management in Early Psychosis: a handbook*
- *Cognitively-Oriented Psychotherapy for First-Episode Psychosis (COPE): a practitioner's manual*
- *Cannabis and Psychosis: An Early Psychosis Treatment Manual and video*
- *Prolonged Recovery in Early Psychosis: A Treatment Manual and video*

MHECCU has published:

*Early Identification of Psychois: A Primer –available for download on website*

*Early Psychosis: A Guide for Mental Health Clinicians –available for download on website*

*Early Psychosis: A Guide for Physicians – available for download on web-site*

*The complete/comprehensive “Care Guide” –available for download on web-site*

ORYGEN (Australia): The Early Diagnosis and Management of Psychosis: Booklet for General Practioners-download from web.

Pavilion (UK): Psychosis Revisted, A Workshop for Mental Health Workers: Thurstine Basset, Anne Cooke and Jim Read (2003)---available for order and purchase at Pavilion’s web-site

I understand there is a training project currently underway to enhance epi capacity among family physicians in Ontario. I know CMHA Ontario is involved as well as the College of Physicians and Surgeons.

The LYNX Program has developed an epi training package for use in highschoools: “Open Your Mind”

### **Topic: Videos**

First Step Video-CMHA/PEPP

One day at a time: CMHA

Reaching out: For clinicians and physicians

Map of the Mind Fields: Managing adolescent psychosis